Colic and Your Baby

What are Colief® Infant Drops?

Colief® Infant Drops is a natural product which is added to infant milk and used to treat temporary lactose intolerance in babies suffering from colic. The active ingredient in Colief Infant Drops is lactase, a safe, naturally occurring enzyme produced within the small intestine.

Temporary Lactose Intolerance

Lactose intolerance in new-born babies can lead to digestive discomfort – bloatedness, wind and gripping pain – which results from undigested lactose in food. This can be an important factor in some babies with colic.

Colic affects 1 in 5 babies

How Colief Infant Drops work

The active ingredient in Colief Infant Drops is lactase enzyme, which breaks down the lactose in the milk into glucose and galactose. Thirty minutes is recommended for the enzyme to fully break down the majority of the lactose present in the milk. Some infants may tolerate greater amounts of lactose in the feed, so you could try reducing the waiting time to 15 minutes, especially after the first month using Colief Infant Drops. If this does not satisfy your baby a return to 30 minutes is advised.

Waiting 30 minutes gives you the reassurance that the lactose in the milk will be easier for your baby to digest

How to use Colief Infant Drops

Breastfeeding
- Express a few tablespoons of breast milk into a sterilised container.
- Add 4 drops of Colief Infant Drops.
- Give this to your infant on a sterilised spoon before starting to breastfeed.
- Breastfeed as normal.

Using Colief with formula and ready-made formula
- Add 4 drops of Colief Infant Drops to warm (not hot) formula.
- Wait 30 minutes, shaking the formula occasionally, then feed your infant as normal, making sure that the formula is at the correct temperature. Discard any unused formula.

Making formula in advance using Colief
- Add 2 drops of Colief Infant Drops to the warm (not hot) formula.
- Store in your refrigerator for a minimum of 4 hours before use and use within 12 hours.
- Feed your infant as normal making sure that the formula is at the correct temperature. Discard any unused formula.

For more information visit www.Colief.com or www.facebook.com/ColiefCare