Trust Colief® for Growing Families

Healthcare Professional Brochure
Colic caused by Temporary Lactose Intolerance

Infant formula and breast milk contain lactose, a natural sugar. Lactase, an enzyme in the body, is required to break down the lactose into simpler sugars (glucose and galactose) so that it can be absorbed.

Research indicates that 38% of colic cases can be attributed to Temporary Lactose Intolerance which prevents the baby from fully digesting the lactose in the milk. If undigested, the lactose is broken down by bacterial activity in the bowel which in turn causes discomfort, bloating and wind.
Clinically proven Colief®
The original Lactase Enzyme for treating Colic caused by Temporary Lactose Intolerance

Trials at Cork University Hospital published in Sept 1998 established the link between colic and Temporary Lactose Intolerance.¹

Trials at Guy’s Hospital, published in October 2001, confirmed that approximately 40% of infant colic cases responded positively to being fed milk treated with Colief® Infant Drops, with typical symptoms being reduced by more than 45%.²

Only Colief® has clinical data to support its use as a lactase enzyme treatment for Temporary Lactose Intolerance.

Colief® has been available in the UK & Ireland for over 15 years.

Colief® Infant Drops 7ml & 15ml

Colief® is added to the baby’s milk or formula before the baby is fed: Colief® treats the milk not the baby.

Because they contain lactase, an enzyme that occurs naturally within the body, Colief® Infant Drops help break down lactose in breast milk and infant formula, making it easier for the baby to digest.

Lactase enzyme drops are completely natural and can help facilitate continued breastfeeding.

Using Colief® reduces the lactose-load of the baby’s feed by up to 70%.

The residual level of lactose helps stimulate the baby’s digestive system to produce its own lactase enzyme.

Research has shown that the hours of crying may be greatly reduced when babies are fed their usual milk treated with Colief® Infant Drops1.

Now in a larger 15ml format to provide more than 2 weeks worth of feeds - great value for Mums.

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Colief® Baby Scalp Oil 30ml

A soothing, nourishing oil made from naturally derived ingredients.

Gentle enough to use on a baby’s scalp, it absorbs quickly into the skin and the nourishing natural plant oils help moisturise and soothe dry skin and scalp.

Colief® Baby Scalp Oil can be recommended for babies with cradle cap and flaky scalps.

Contains:

- **Rosehip Oil** – A light moisturiser containing essential fatty acids Omega 3 and Omega 6, which help to hydrate the skin.

- **Chamomile** – Renowned for its calming and healing properties, chamomile has been used as a natural anti-inflammatory since ancient times.

- **Vitamin E** – A natural antioxidant to help repair and protect the skin.

“Dry and flaky scalps can be extremely common in babies. Massaging natural oils, such as those found in Colief® Baby Scalp Oil can help to hydrate the skin and remove any excess flakes.”

Justine Hextall, Consultant Dermatologist and Fellow of the Royal College of Physicians.
Colief® Vitamin D₃ Drops 20ml

For normal healthy bones and teeth.

600 drops of vitamin D₃ in each 20ml bottle.

Each drop contains 80IU (2µg) of vitamin D₃.

Department of Health guidelines (for 6 months to 5 years) recommend 7-8.5µg per day i.e. 4 drops of Colief® Vitamin D₃.

Suitable for pregnant mums and breast feeding mums when 10µg (400IU) per day, i.e. 5 drops, is recommended.

No added ingredients or preservatives.

Can be taken in different ways:

- On a spoon
- Added to milk (formula or breast milk)
- Dropped directly into the mouth (no risk of infection)

Each bottle contains enough drops for baby for 5 months – so great value for money.
Colief® Mum To Be Moisturising Cream

A rich blend of plant oils and vitamins to nourish and moisturise the skin during and following pregnancy.

Helps prevent the appearance of stretch marks, relieves dryness, rehydrates and nourishes skin. Enriched with plant extracts and vitamins to keep the skin soft and supple.

Colief® Mum To Be Moisturising Cream is hypoallergenic and paraben-free.

Contains:

- **Almond Oil** – Conditions and moisturises the skin.
- **Calendula** – Calming and nourishing to the skin.
- **Avocado Oil** – Soothing and softening effect on the skin.
- **Evening Primrose Oil** – Moisturises and softens the skin.
- **Grape Seed Oil** – Contains a range of antioxidants which moisturise and nourish the skin.
- **Vitamin E** – Beneficial in renewing the appearance of scarring and skin renewal.
- **Pro-Vitamin B5** – Moisturises, soothes and regenerates the skin.
Colief® – Tried and trusted

- Recommended by GPs and Health Visitors
- Recommended by Pharmacists and Pharmacy Staff
- Recommended by other Mums!
- Colief® 7ml – successfully helping babies with colic for 15 years
- Colief® 15ml provides 90 servings – great value for money
- Colief® Baby Scalp Oil 30ml – a gentle, natural treatment for cradle cap and flaky scalps
- Colief® Vitamin D₃ Drops 20ml – provides enough vitamin D₃ for 5 months for normal healthy bones and teeth
- Colief® Mum To Be Cream 200ml to help prevent the appearance of stretch marks

For more information visit www.colief.com or call our helpline

UK – 0800 028 1187
Ireland 1-800-522 8243